

St. Joseph Downingtown Lacrosse 2008

Coaches/Staff

Boys Director	Bob Peppelman , rpeppelman@rjpconsultinggroup.com
Lacrosse Coordinator:	Anthony De Cesaris , anthony@decesaris.com
Boys Varsity Coach:	Bob Horoski , robert.horoski@siemens.com
Boys Varsity White:	Al Perelli , alfred.perelli@savvis.net
Boys JV Coach:	Ed Toussaint , ed.toussaint.cefj@statefarm.com
Girls Coaches:	Linda McGrail , lindamcgrail3@verizon.net Mike Campbell , thesoup21@yahoo.com

Table of Contents

Page 1	General Information
Page 2	Girls Schedule
Page 3	Boys Schedule JV & Varsity Green/White
Page 4	Awards and Achievements

General Lacrosse Information and Requirements

- Registered members of St. Joseph Parish or School or members of PJPII (Regional) School or its affiliated Parishes, St. Elizabeth and Ss. Philip and James
- Boys and Girls entering grades 5 – 8
- Registration is held in January during Spring Sports Registration
- Minimum of 15 registered athletes
- 2 divisions: JV – 5th/6th; V – 7th/8th
- There may be ‘Green’ and ‘White’ teams per division
- Registration fee (2008): \$95
- Uniform deposit required: \$50, refunded upon return of complete uniform
- Equipment purchased by family:
 - Boys: helmet, gloves, athletic supporter with cup, shoulder pads, cleats, mouth guard, stick
 - Girls: goggles, cleats, mouth guard, stick
- Season runs March – early June
- Clinics may begin in mid-February
- Practice begins in March generally held 2-3 times per week on weeknights, occasionally Saturday morning until games begin.
- Games are held on Saturday or Sunday
- Practice and/or games are generally 3-4 times per week

VOLUNTEERS ARE NEEDED

CYO sports require many volunteers throughout the season (i.e. coaches, team parent/manager). If you would like to volunteer, please see our website for more information. Your help is greatly needed and appreciated.

St. Joseph Downingtown Lacrosse 2008

GIRLS LACROSSE

Practice Schedule

Field A (football) Tuesday & Thursday 5:00 PM - 6:30 PM (TENTATIVE)

Game Schedule 2008 (TENTATIVE!!)

Red-home game; Blue-away game; Black-to be determined

7-8 TEAM

<u>Date</u>	<u>Opponent</u>	<u>Time</u>	
29-Mar	Strathaven	2:00	
5-Apr	Lenape	3:30	
12-Apr	Radnor B	1:00	
19-Apr	Methacton	1:00	
26-Apr	Quik Stix 4	tbd	game may be switched to Sunday
4-May	Radnor A	1:30	
8-May	St. Pats	4:15	
10-May	Sepa	1:00	
17-May	Lower Merion B	1:00	
29-May	Upper Merion	7:00	turf-under the lights

5-6 TEAM

<u>Date</u>	<u>Opponent</u>	<u>Time</u>	
29-Mar	Strathaven	1:00	
5-Apr	Lenape	4:30	
12-Apr	Lower Merion	1:00	
19-Apr	Quik Stix 8	3:00	
26-Apr	Quik Stix 7	tbd	game may be switched to Sunday
4-May	LYA	12:30	
10-May	Radnor 3	2:45	
17-May	Upper Merion		Day/evening tournament
31-May	Upper Merion	10:00	
1-Jun	LYA	12:30	

*Possible game against GCV on May 3

St. Joseph Downingtown Lacrosse 2008

BOYS LACROSSE (TENTATIVE SCHEDULES)

JV Schedule 2008 HOME GAMES

As a rule, we would like everyone at the field 45 minutes prior to game time.

Weekday	Start Date	Start Time	Away Team	Div	Home Team	Facility
Saturday	3/29/2008		Spring Thaw			Owen J Roberts High School
-----	-----		Tournament			
Sunday	3/30/2008		Bye – No Game			
Saturday	4/5/2008	12:00 PM	St Josephs	B2 Nat	Marple	Guantlett Center - Marple
Sunday	4/13/2008	1:00 PM	Drexel Hill	B2 Nat	St Josephs	Mary Street Field
Sunday	4/20/2008	1:00 PM	St Josephs	B2 Nat	Interboro	Hillcrest Field
Sunday	4/27/2008	1:00 PM	Haverford	B2 Nat	St Josephs	Mary Street Field
Sunday	5/4/2008	2:30 PM	St Josephs	B2 Nat	Radnor Red	Ditmar Field 2 (Radnor)
Sunday	5/11/2008	1:00 PM	Ashbee Orange	B2 Nat	St Josephs	Mary Street Field
Sunday	5/18/2008	1:00 PM	St Josephs	B2 Nat	Upper Merion	Heuser Park
Saturday	6/1/2008		Crossover Game		Tentative	
Sat & Sun	6/17&18/08		Liberty Shootout			Line Rd/ East Goshen

Varsity White Team Schedule 2008 HOME GAMES

Weekday	Start Date	Start Time	Away Team	Div	Home Team	Facility
Saturday	3/29/2008	10:00 AM	Springfield	A3	St Josephs	Mary Street Field
Saturday	4/5/2008	2:00 PM	St Josephs	A3	Radnor	Ditmar Field 1 (Radnor)
Saturday	4/12/2008	10:00 AM	Drexel Hill	A3	St Josephs	Mary Street Field
Saturday	4/19/2008	12:00 PM	St Josephs	A3	Rose Tree	Springton Lake
Saturday	4/26/2008	10:00 PM	St Josephs	A3	Haverford	Haverford
Saturday	5/3/2008	10:00 AM	Wilmington	A3	St Josephs	Mary Street Field
Saturday	5/10/2008	12:00 PM	St Josephs	A3	Ridley	Ridley Middle School
Saturday	5/17/2008	10:00 AM	Haven	A3	St Josephs	Mary Street Field
Saturday	5/31/2008	12:00 PM	Ashbee	A3	St Josephs	Mary Street Field

Varsity Green Team Schedule 2008 HOME GAMES

Weekday	Start Date	Start Time	Away Team	Div	Home Team	Facility
Saturday	3/29/2008	5:00 PM	St Josephs	A2	Ashbee	Lower Merion Grass Field
Saturday	4/5/2008	10:00 AM	Moorestown	A2	St Josephs	Mary Street Field
Saturday	4/12/2008	10:00 AM	St Josephs	A2	Wilmington	Friends School
Saturday	4/19/2008	10:00 AM	Marple Newtown	A2	St Josephs	Mary Street Field
Saturday	4/26/2008	10:00 AM	St Josephs	A2	Radnor Red	Ditmar Field 1 (Radnor)
Saturday	5/10/2008	10:00 AM	Aston	A2	St Josephs	Mary Street Field
Saturday	5/17/2008	10:00 AM	St Josephs	A2	Interboro	Hillcrest Field
Saturday	5/31/2008	10:00 AM	Radnor White	A2	St Josephs	Mary Street Field

St. Joseph Downington Lacrosse 2008

Awards and Achievements