

St. Joseph Downingtown Field Hockey

Coaches:

Nancy Roselli, Lorraine Velez and Nancy McFalls

Table of Contents

Page 1	General Information
Page 2	Coaches Letter
Page 3-4	Schedules
Page 5	Orange Schedule

General Field Hockey Information and Requirements:

- Registered members of St. Joseph Parish and/or School
- Girls entering grades 5 - 8
- Registration is held in June during Fall Sports Registration
- Minimum of 15 registered athletes, no maximum
- 2 divisions: Junior Varsity (JV) – 5th/6th; Varsity (V) – 7th/8th
- Registration fee (2007): \$65
- Uniform deposit required: \$50
- Equipment purchased by family: mouth guard, stick, cleats, and shin guards
- Games are generally held on weekdays after school and Saturday
- Season runs Aug 15th – late Oct
- Individuals may go to summer camps. There is no team camp.
- Practice begins Aug 15th – practices are 4 to 5 times a week until school starts.
- Practices are held weeknights.
- Practices and/or games are generally 3 times/week

Dear Hockey Players and Parents,

Hello to all - and welcome back to many of you!! **Lorraine Velez, Nancy McFalls** and I will be returning this year to coach the teams this year.

I'm looking forward to an exciting season - we have 31 players this year (15 Varsity and 16 JV). Many returning from last year but new faces have joined us as well. Hope you are all enjoying your summer and keeping in shape. **I strongly suggest players run a few times a week** (about a mile or so) during the first two weeks of August to get ready for the season.

I have **enclosed a tentative practice and game schedule for this fall** - I am still waiting for school district approval on some dates. Please contact me if your daughter needs help with transportation to or from the practices in August. I will be glad to help work something out with myself or other players.

Each player should come to practice with **a stick, cleats, mouth guard (not clear), shin guards and water**. There is a new rule this year that all mouth guards must be colored or non-clear. This rule helps the referees to easily see if the players are wearing them properly. I recommend purchasing from Longstreth - www.longstreth.com or 800 545 1329. They have some great starter packages. I have also included a coupon from Modell's.

All future communication for the season will come via email. Please check for an email copy of this letter and the schedule. If you do not receive it - email me at nancy_roselli@comcast.net. Please let me know if you want me to add or change your email addresses. **Please check email regularly during the season.**

Thanks -

Nancy Roselli

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St. Joseph CYO 2007 Field Hockey Schedule (Tentative)

Practice Dates in Green

Scrimmages in Orange

Home Games in Blue

Away Games in Red

Day	Date	Time	Location	Opponent
Wed	Aug 15	8-10 am	Convent/Rectory Yard	
Thurs	Aug 16	8-10 am	Convent/Rectory Yard	
Fri	Aug 17	8-10 am	Convent/Rectory Yard	
Mon	Aug 20	6-8 pm	DMS	
Tues	Aug 21	6-8 pm	DMS	
Wed	Aug 22	6-8 pm	DMS	
Thurs	Aug 23	10:30 am	Villa Lower	St. Pat's Malvern ** arrive 10am
Mon	Aug 27	6-8 pm	DMS	
Tues	Aug 28	6-8 pm	DMS	
Wed	Aug 29	6-8 pm	DMS	
Thur	Aug 30	6-8 pm	DMS	
Fri	Aug 31	10am	Shanahan High School Game - come to watch!!	
Wed	Sept 5	6-8 pm	DMS	
Thurs	Sept 6	6-8 pm	DMS	
Thurs	Sept 6		Field Hockey Spirit Wear Orders Due	
Fri	Sept 7	6:30 pm	Pep Rally - St. Joe's School Gym	
Sat	Sept 8	1:30 pm	Pierce MS	SS. Philip and James
Mon	Sept 10	6-dark	DMS	
Thurs	Sept 13	4 pm	Kimberton	St. Basil
Sat	Sept 15	10 am	DMS	Sacred Heart
Mon	Sept 17	6-dark	DMS	
Tues	Sept 18	4 pm	St. Pius X	St. Pius X
Sat	Sept 22	9-11 V	round robin tournament at USTC	
		11-1 JV	round robin tournament at USTC	

Day	Date	Time	Location	Opponent
Mon	Sept 24	4 pm	Phoenixville	Holy Family School
Wed	Sept 26	6-dark	DMS	
Mon	Oct 1	6-dark	DMS	
Wed	Oct 3	4 pm	DMS	St. Basil
Fri	Oct 5	4 pm	DMS	St. Agnes
Mon	Oct 8	6-dark	DMS	
Fri	Oct 12	4 pm	St. Anastasia	St. Anastasia
Sat	Oct 13	1:30 pm	Pierce	SS. Philip & James
Mon	Oct 15	4 pm	DMS	St. Pat's Malvern
Wed	Oct 17	4 pm	DMS	St. Agnes
Fri	Oct 19	4 pm	DMS	Sacred Heart
Tues	Oct 23	6-dark	DMS	
Wed	Oct 24	4 pm	DMS	PJP II

2007 Field Hockey Orange Schedule

Sat., Sept. 8 (SS Phillip and James)	Abbey Rule Alissa Barchet
Thurs., Sept. 13 (St. Basil)	Alexa Campbell Hannah Overholtzer
Sat., Sept. 15 (Sacred Heart)	Brianna Gavin PA Findeison
Tues., Sept. 18 (St. Pius X)	Caitlin Gormley Rachel Ramos
Sat., Sept 22 (R. Robin @ USTC)	Courtney Brennan Carlena Watson
Mon., Sept 24 (Holy Family School)	Jennifer Nisch Claudia Green
Fri., Sept. 28 (PJPII)	Jordan Conner Elizabeth De Angelis
Wed., Oct. 3 (St. Basil)	Laura Rule Emily Desiderio
Fri. Oct. 5 (St. Agnes)	Maureen McClelland Heather Stine
Fri., Oct. 12 (St. Anastasia)	Rebecca Williamson Marta Dziedzic
Sat., Oct.13 (SS Phillip and James)	Alexa Fiorilla Meghan Mullen
Mon., Oct. 15 (St. Pats)	Deanna Herb Nicole Roldan
Wed., Oct.17 (St. Agnes)	Erin Gormley Rebecca Socorso
Fri., Oct 19 (Sacred Heart)	Julia Green *** Kate Regan ***
Wed., Oct. 24 (PJPII)	Kathleen Wirshup *** Madeleine McGrail ***

***One of these two must make arrangements to get oranges to game for Varsity half-time.